

Mango Lassi

Ingredients

1 mango, peeled, stoned, chopped

4 tbs Greek yoghurt

Splash cold milk

3 tsps caster sugar

Handful ice cubes

¼ teaspoon cardamom powder

METHOD

- Place all the ingredients into a liquidiser and blitz thoroughly.
- Pour into a chilled glass and top with a slice of mango and a touch of cardamom powder.